



MINISTRY OF DEFENSE

BRAZILIAN NAVY

BRAZILIAN NAVAL COMMISSION IN WASHINGTON

5130 MacArthur Blvd., NW, Washington, DC 20016-3316

BASE MENU – MENU SUGGESTIONS BY TYPE

TYPE A – PREMIUM MENU

COURSE	OPTIONS
STARTERS	<ul style="list-style-type: none"> • Caprese Salad; • Seafood Salada; • Cobb Salad; • Egg Salada; • Ceaser Salad; • Quinoa Salad; • Potato Soup; or • Vegetable Soup.
MAIN COURSE	<ul style="list-style-type: none"> • Cod Casserole; • Grilled Beef Tenderloin with Mushroom and Caramel sauce; • Grilled New York Strip; • Salmon with Caper Sauce; • Premium Fish, considering market prices and offers, including seasonal offerings; • Traditional dishes from Brazilian regions, such as: Typical Brazilian Feijoada, Dobradinha, Beef Ribs with Watercress, Tropeiro Beans and Bobo - Schrimp typical dish.
SIDE DISHES	<ul style="list-style-type: none"> • Rice (70% - white and 30% - bronw) or pasta (lasagna, fettuccine, spaghetti, with different fillings and sauces)
ADDITIONAL SIDE DISHES	<ul style="list-style-type: none"> • Fried Cassava sticks; • French fries; • Mashed Potatoes; or • Steamed Vegetables.
DESSERT	<ul style="list-style-type: none"> • Fruits; • Fruits Salad with Cream; • Ice Cream; • Dulce de Leche; • Fruit/Chocolate Mousse; • Pudding; • Guava Paste with White Cheese (Romeo and Juliet); • Cheesecake; or • Cake.
JUICE	<ul style="list-style-type: none"> • - Soft Drinks or Juice (orange, apple, passion fruit, cashew, or grape, etc.)

TYPE B – STANDARD (INTERMEDIATE) MENU

COURSE	OPTIONS
STARTERS	<ul style="list-style-type: none"> • Caprese Salad; • Seafood Salada; • Cobb Salad; • Egg Salada; • Caesar Salad; • Quinoa Salad; • Potato Soup; or • Vegetable Soup.
MAIN COURSE	<ul style="list-style-type: none"> • - Steak; • Chicken Fillet with different sauces; or • Beef/Chicken stroganoff.
SIDE DISHES	<ul style="list-style-type: none"> • Rice (white – 70% and brown – 30%; • Black or brown beans.
ADDITIONAL SIDE DISHES	<ul style="list-style-type: none"> • Fried Cassava; • French Fries; • Mashed Potatoes; • Sauteed Potatoes; • Spaghetti; or • Steamed Vegetables.
DESSERT	<ul style="list-style-type: none"> • Fruits; • Fruits Salad with Cream; • Ice Cream; • Dulce de Leche; • Fruit/Chocolate Mousse; • Pudding; • Guava Paste with White Cheese (Romeo and Juliet); • Cheesecake; or • Cake.
JUICE	<ul style="list-style-type: none"> • - Juice (orange, apple, passion fruit, cashew, or grape, etc.).

TYPE C – BASIC MENU

COURSE	OPTIONS
STARTERS	<ul style="list-style-type: none"> • Caprese Salad; • Seafood Salada; • Cobb Salad; • Egg Salada; • Caesar Salad; • Quinoa Salad; • Potato Soup; or • Vegetable Soup.
MAIN COURSE	<ul style="list-style-type: none"> • Beef; • Pork Chops; • Grilled or Fried Fish Fillet; or • Meat or Cheese and Ham Lasagna.

SIDE DISHES	<ul style="list-style-type: none"> • Rice (white - 70% and brown - 30%; • Black or brown beans.
ADDITIONAL SIDE DISHES	<ul style="list-style-type: none"> • Fried Cassava; • French Fries; • Mashed Potatoes; • Sauteed Potatoes; • Spaghetti; or • Steamed Vegetables.
DESSERT	<ul style="list-style-type: none"> • Fruits; • Fruits Salad with Cream; • Ice Cream; • Dulce de Leche; • Fruit/Chocolate Mousse; • Pudding; • Guava Paste with White Cheese (Romeo and Juliet); • Cheesecake; or • Cake.
JUICE	<ul style="list-style-type: none"> • Juice (orange, apple, passion fruit, cashew, or grape, etc.).

Note: The menus are suggestions of dishes that are examples and not an exhaustive list, considered only for the purpose of parameterization with Brazilian cuisine.